

RECREATION & PARKS DEPARTMENT

# FALL 2020 RECREATION GUIDE

## ART TO WELLNESS

Virtual Art Classes  
for Senior Citizens

Every Saturday

10 am - 12 pm

cost: FREE, registration required.

REGISTER NOW AT:

[www.blueseacare.com/virtual-senior-art-classes](http://www.blueseacare.com/virtual-senior-art-classes)

## AGENTS OF DISCOVERY

**FUN FOR ALL!**

Explore Hesse Park and Eastview Park  
with a fun,  
interactive game.



Download the free  
"Agents of Discovery"  
app to play.



Extended through Sept 30!



Visit [www.rpvca.gov/parksandrec](http://www.rpvca.gov/parksandrec)  
for more information

For upcoming virtual opportunities, visit [www.rpvca.gov](http://www.rpvca.gov)

**All RPV parks and most trails are open again!**

For more up-to-date information, contact Recreation and Parks at (310) 544-5260,  
email [parks@rpvca.gov](mailto:parks@rpvca.gov), or visit our website at [www.rpvca.gov/parksandrec](http://www.rpvca.gov/parksandrec)

# BEFORE YOUR OUTDOOR ADVENTURE, JUST SOME THINGS TO KNOW...

WANT TO LEARN MORE ABOUT MARINE PROTECTED AREAS AND ABOUT FISHING AND WILDLIFE REGULATIONS? VISIT:

<http://www.mpacollaborative.org/la/> or

<https://wildlife.ca.gov/Conservation/Marine/MPAs/Network/Southern-California>

## WHAT'S OPEN?

- Grass Areas
- Walking Paths
- Tennis/Paddle Tennis
- Dog Parks
- Basketball Courts
- Most Trails

## PLANNING ON HIKING? IT'S HOT OUT THERE! DON'T FORGET TO BRING:

- Water (at least 2 liters per person)
- Healthy Snacks: fruit, nuts etc
- Sun Hat or cap
- Cellphone
- Sunscreen
- Backpack
- Trail Map
- Dress in layers

for changing weather (it may be cool in the morning, but may be way hotter in the afternoon)

## PETS ARE JUST LIKE US!

When walking our four-legged friends, remember that they also need plenty of water to stay cool and hydrated. Pets like us, can also succumb to heat exhaustion. Please bring water and a bowl for pets. Make sure your doggo had something to eat before your hike, or bring some snacks for them. Exercise common sense and make sure to rest in shady spots along the way. Also, don't forget your doggy bags! Please pick up after your pets!

## BE SAFE!

Have fun, observe social distancing and safety protocols, keep groups small, and wash your hands. Don't forget to wear a mask outdoors if you can't maintain 6 feet of social distancing.

## RPV DRONE POLICY

Visit: [www.rpvca.gov/1319/Drones](http://www.rpvca.gov/1319/Drones)

Drones are a fun hobby, but there are rules. Learn more about the rules and regulations regarding flying a drone legally in the City of RPV.



# RECREATION PROGRAMS COMING SOON!

The City of Rancho Palos Verdes Recreation and Parks Department is excited to offer a variety of outdoor recreation and enrichment activities beginning September 14th. The City is committed to providing activities that promote health and wellness and serve the social and emotional needs of the community in a safe environment.

## Recreation Camps and Classes



The Recreation and Parks Department plans to offer a full menu of instructor-led outdoor sports, art, music, and language activities for all ages. Offerings include soccer, baseball, painting, yoga, guitar, cooking, Spanish and more. All activities are held on-site at outdoor park facilities and will adhere to the Los Angeles Department of Public Health protocols. New activities will be added regularly and class schedules and offerings are subject to change.

For more information, to view class schedules, and to register for programs and activities, please visit [www.rpvca.gov](http://www.rpvca.gov).

## JOIN US FOR A VIRTUAL PAINT ART CLASS! ALL AGES WELCOME!

**\$25!**

**PICK UP YOUR VERY OWN PAINT  
ART KIT AT RYAN PARK...**

**JOIN THE CLASS VIA ZOOM**

**CREATE ART IN THE COMFORT  
OF YOUR OWN HOME!**

**COST: \$25, REGISTRATION REQUIRED.**

**REGISTER NOW AT: [HTTPS://APM.ACTIVECOMMUNITIES.COM/RPV](https://apm.activecommunities.com/rpv)**

If you are a person with a disability and need an accommodation to participate in programs, services, activities and meetings, contact the City's ADA Coordinator/Risk Manager at 310-683-3157, [adarequests@rpvca.gov](mailto:adarequests@rpvca.gov), or 30940 Hawthorne Blvd., Rancho Palos Verdes, CA 90275, at least 48 hours in advance to request an auxiliary aid or accommodation.





**PROGRAM STARTS  
SEPTEMBER 14!  
REGISTRATION IS OPEN!  
SIGN-UP NOW!**

# BELONGING ACHIEVEMENT RECREATION

**After School Recreational Enrichment Program for Grades K-5  
Held at Local Rancho Palos Verdes Community Parks  
IN PARTNERSHIP WITH THE SAN PEDRO & PENINSULA YMCA**

As local school districts have made the difficult decision to keep their campuses closed for in-person instruction this semester, you may be wondering how your child will receive the social-emotional support that they need, while you as a parent try to meet the demands of work and home. We know that social interactions, physical activity, exercise and outdoor time are just a few of the vital elements that children need in order to grow and thrive. The **San Pedro & Peninsula YMCA**, in partnership with the **City of Rancho Palos Verdes Department of Parks & Recreation**, is here to support you!

## Program Details

- For children entering grades Kindergarten-5th grade.
- September 14 - December 18, 2020, Monday-Friday (except where noted), 3:00pm-6:00pm, school days only.
- **This program is 100% Outdoors.** Program will not operate on days with inclement weather.
- Activities include physical exercise, sports, games, arts & crafts, enrichment, STEAM, recreation, service learning, nature appreciation and so much more, all designed to maintain physical distancing.
- Adherence to all COVID-19 Safety Precautions (12 kids max per group, face coverings, cleaning & disinfecting, temperature checks, health assessments, etc.)

**Fred Hesse Jr. Community Park,**  
29301 Hawthorne Blvd, Rancho Palos  
Verdes, CA 90275

**Robert E Ryan Community Park,**  
30359 Hawthorne Blvd, Rancho Palos  
Verdes, CA 90275

**Eastview Park,** 1700 Westmont Drive,  
Ranchos Palos Verdes, CA 90275

## Program Fees:

- **Weekly Rate:** \$100/per child.
- Limited Financial Assistance is available. To apply, please email [FA@ymcaLA.org](mailto:FA@ymcaLA.org).
- Program fees are paid every two weeks (every-other Sunday) through a recurring bank draft or funds transfer, set up by the parent at the time of enrollment.

**REGISTER ONLINE TODAY** at [www.ymcala.org](http://www.ymcala.org)  
(click REGISTRATION in the top right-hand corner)

**For more information, please contact:**  
Spencer Yamasaki, Associate Executive Director  
310 221 3795 | [SpencerYamasaki@ymcaLA.org](mailto:SpencerYamasaki@ymcaLA.org)

**SAN PEDRO & PENINSULA YMCA** 301 S Bandini St, San Pedro, CA 90731 | 310 832 4211 | [ymcaLA.org/childcare](http://ymcaLA.org/childcare)

**TOGETHER, WE MAKE POSSIBLE HAPPEN**

The YMCA is a 501(c)(3) not-for-profit social services organization dedicated to youth development, healthy living and social responsibility.