Are you prepared?

Nearly half of U.S. adults do NOT have the resources and plans in place in the event of an emergency.

Store a 3-day supply of water: one gallon per person, per day.

Store at least a 3-day supply of non perishable, easy to prepare food.

48% of Americans do NOT have emergency supplies.

44% of Americans do NOT have first aid kits.

20% of Americans get emergency info from mobile apps. Keep a charger handy in an emergency.

20% of Americans use social media for alerts and warnings. Make sure to keep a charger handy in an emergency.

52% of Americans do NOT have copies of crucial personal documents.

Don’t forget your pets! You need a 3-day supply of food and water per pet.

Prepare supplies for home, work, and vehicles. Emergencies can happen anywhere.

For more information visit: emergency.cdc.gov
After a whole community emergency or disaster, the general services we take for granted, such as running water, refrigeration, and telephones, may be unavailable. Experts recommend that you should be prepare for at least three days.

The RPV Emergency Preparedness Committee is offering the following lists of items that will help you put together your emergency kits. Most of the items are inexpensive and easy to find and any of them could save your life.

**Your basic emergency kit should include:**

- Water (one gallon per person per day for at least three days, for drinking and sanitation)
- Food (at least a three-day supply of non-perishable food)
- Battery-powered or hand crank radio
- Flashlight
- First aid kit
- Extra batteries
- Whistle (to signal for help)
- Dust mask (to help filter contaminated air)
- A copy of important documents & phone numbers.
- Personal hygiene items
- Pet supplies
- Wrench or pliers (to turn off utilities)
- Manual can opener
- Cash (in small bills)
- Local maps
- Cell phone with chargers and a backup battery
- Warm clothes & sturdy shoes
- Books, games, puzzles or other activities for children

**Kit Storage Locations:**

Since you do not know where you will be when an emergency occurs, prepare supplies for home, work, and cars.

- **Home:** Keep this kit in a designated place and have it ready in case you have to leave your home quickly. Make sure all family members know where the kit is kept.

- **Work:** Be prepared to shelter at work for at least 24 hours. Your work kit should include food, water, and other necessities like medicines, as well as comfortable walking shoes, stored in a “grab and go” case.

- **Car:** In case you are stranded, keep a kit of emergency supplies in your car.

For additional information and resources please contact Jesse Villalpando, Emergency Services Coordinator at [jvillalpando@rpvca.gov](mailto:jvillalpando@rpvca.gov) or (310) 544-5209.
BE PREPARED

BUILD A KIT

Plan to be on your own for at least 7-10 days

- Water (1 gallon per person, per day)
- Food (non-perishable)
- Medications
- Medical equipment
- First aid kit
- Can opener
- Radio
- Flashlight
- Personal hygiene items
- Tools
- Pet supplies
- Small bills
- Toilet paper
- Identification & important documents

1 Keep a 7-10 day kit at home — also have smaller kits in your vehicle and at work