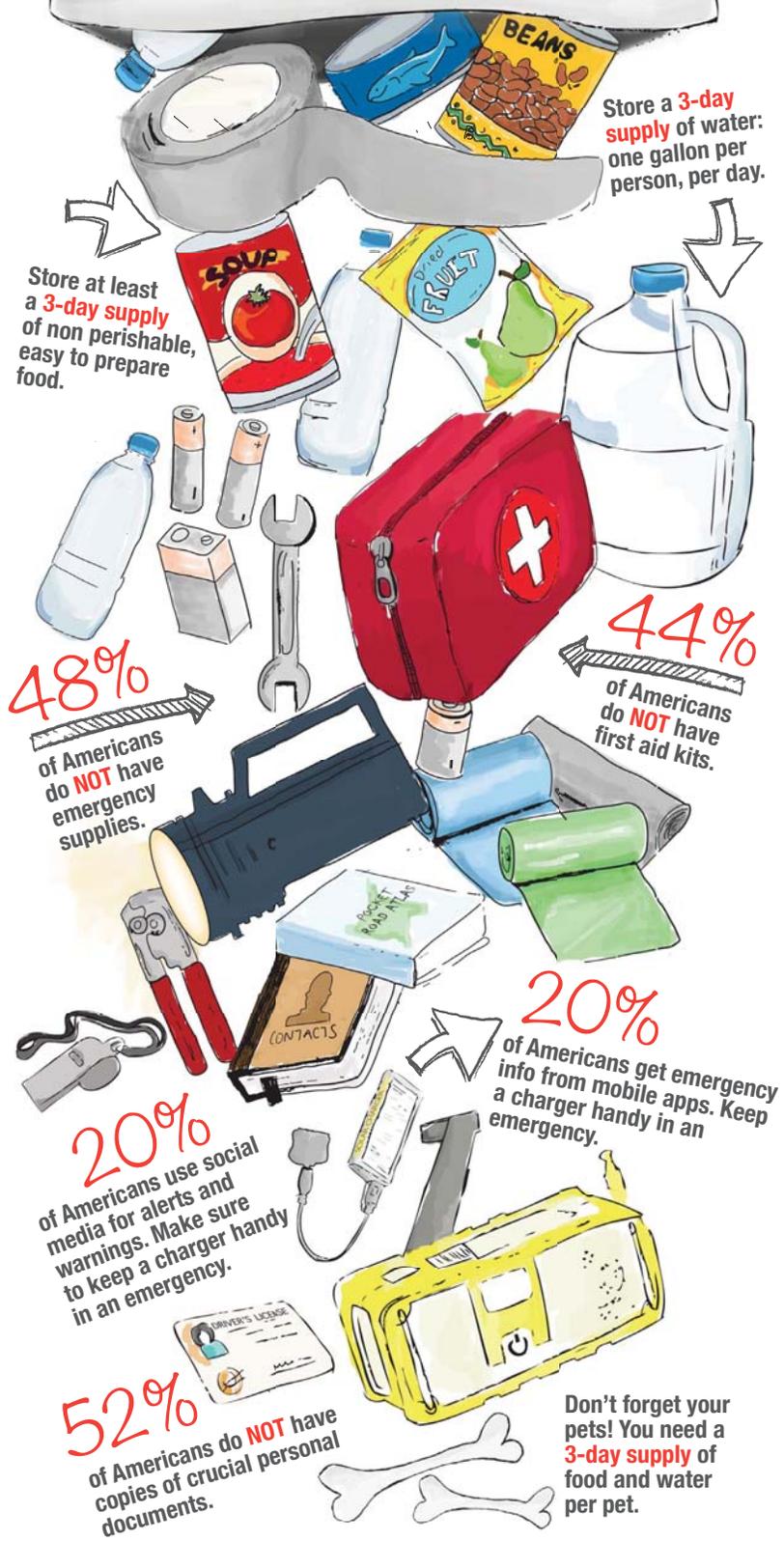


# Are you Prepared?

Nearly half of U.S. adults do **NOT** have the resources and plans in place in the event of an emergency.



Store a **3-day supply** of water: one gallon per person, per day.

Store at least a **3-day supply** of non perishable, easy to prepare food.

**48%** of Americans do **NOT** have emergency supplies.

**44%** of Americans do **NOT** have first aid kits.

**20%** of Americans get emergency info from mobile apps. Keep a charger handy in an emergency.

**20%** of Americans use social media for alerts and warnings. Make sure to keep a charger handy in an emergency.

**52%** of Americans do **NOT** have copies of crucial personal documents.

Don't forget your pets! You need a **3-day supply** of food and water per pet.

**Prepare supplies for home, work, and vehicles. Emergencies can happen anywhere.**



## Emergency Supply Kits



After a whole community emergency or disaster, the general services we take for granted, such as running water, refrigeration, and telephones, may be unavailable. Experts recommend that you should be prepared for at least three days.

The RPV Emergency Preparedness Committee is offering the following lists of items that will help you put together your emergency kits. Most of the items are inexpensive and easy to find and any of them could save your life.

### Your basic emergency kit should include:

- |   |   |
|---|---|
| <input type="checkbox"/> Water (one gallon per person per day for at least three days, for drinking and sanitation) | <input type="checkbox"/> A copy of important documents & phone numbers.         |
| <input type="checkbox"/> Food (at least a three-day supply of non-perishable food)                                  | <input type="checkbox"/> Personal hygiene items                                 |
| <input type="checkbox"/> Battery-powered or hand crank radio  | <input type="checkbox"/> Pet supplies   |
| <input type="checkbox"/> Flashlight   | <input type="checkbox"/> Wrench or pliers (to turn off utilities)               |
| <input type="checkbox"/> First aid kit  | <input type="checkbox"/> Manual can opener                                      |
| <input type="checkbox"/> Extra batteries  | <input type="checkbox"/> Cash (in small bills)                                  |
| <input type="checkbox"/> Whistle (to signal for help)   | <input type="checkbox"/> Local maps   |
| <input type="checkbox"/> Dust mask (to help filter contaminated air)  | <input type="checkbox"/> Cell phone with chargers and a backup battery          |
|   | <input type="checkbox"/> Warm clothes & sturdy shoes                            |
|   | <input type="checkbox"/> Books, games, puzzles or other activities for children |

### Kit Storage Locations:

Since you do not know where you will be when an emergency occurs, prepare supplies for home, work, and cars.

- **Home:** Keep this kit in a designated place and have it ready in case you have to leave your home quickly. Make sure all family members know where the kit is kept.
- **Work:** Be prepared to shelter at work for at least 24 hours. Your work kit should include food, water, and other necessities like medicines, as well as comfortable walking shoes, stored in a “grab and go” case.
- **Car:** In case you are stranded, keep a kit of emergency supplies in your car.

For additional information and resources please contact Jesse Villalpando, Emergency Services Coordinator at [Jvillalpando@rpvca.gov](mailto:Jvillalpando@rpvca.gov) or (310) 544-5209.

# BE PREPARED

## BUILD A KIT

Plan to be on your own for at least 7-10 days



Water  
(1 gallon per person,  
per day)



Food  
(non-perishable)



Medications



Medical  
equipment



First aid kit



Can opener



Radio



Flashlight



Personal hygiene  
items



Tools



Pet supplies



Small bills



Toilet paper



Identification  
& important  
documents



Sturdy shoes



Extra batteries



Warm clothes



Fire extinguisher

! Keep a 7-10 day kit at home — also have smaller kits in your vehicle and at work