



To learn more visit:  
[www.rpvca.gov/parks](http://www.rpvca.gov/parks) and  
[www.rpvca.gov/trails](http://www.rpvca.gov/trails)

CITY OF RANCHO PALOS VERDES  
RECREATION AND PARKS DEPARTMENT

2022

# Spring Recreation Guide

## Whale of a Day

Saturday, April 9th 2022

10AM-4PM Activities

- Whale Watching from the Bluffs
- Educational Exhibits
- Marine Themed Arts & Crafts Vendors
- Live Entertainment
- Food Trucks, Beer and Wine Garden
- Kids Crafts, Games, Puppet Show
- Fun Zone & Face Painting
- Raffle and Silent Auction

Free Parking  
and Shuttle  
Service  
at RPV City Hall  
30940 Hawthorne Blvd.  
**NO PARKING**  
**AT EVENT SITE**

For more info visit:  
[www.whaleofaday.com](http://www.whaleofaday.com)

Rain Date:  
April 23rd





**Saturday, April 16th  
10am-11:30am  
RPV Civic Center  
30940 Hawthorne Blvd**



**\$15  
Ages 1-8**

- An appearance by the Big Bunny!
- LOADS of prizes! (You won't leave empty-handed!)
- Lots of photo opportunities
- Don't forget to bring a basket and a camera!
- \$15 per child (Pre-registration required)
- Ages 1-8 years old
- Register soon! This event fills up quick!

*Register at [rpvca.gov/parks](http://rpvca.gov/parks)*



## **KIDS JB PARKS DAY**

### **MINI EXPO AND KIDS CRAFT FAIR!**

**Saturday,  
May 21st**

**10am-12pm**

**Robert E Ryan Park**

**COME ON DOWN AND CELEBRATE NATIONAL PARKS DAY  
WITH US! BRING BEACH CHAIRS AND A PICNIC LUNCH  
AND ENJOY ACTIVITIES SUCH AS:**

**★ OUR CONTRACT INSTRUCTORS WILL BE  
PROVIDING FREE CRAFTS AND ACTIVITIES FOR  
KIDS! LEARN MORE ABOUT THE CAMPS AND  
CLASSES TAKING PLACE AT OUR LOCAL PARKS!**

**★ PALOS VERDES PENINSULA LAND CONSERVANCY WILL BE HAVING A NATIVE  
PLANT GARDEN PLANTING ACTIVITY FOR KIDS! LEARN HOW TO GROW YOUR  
OWN BUTTERFLY GARDEN! ALSO LEARN MORE ABOUT NATURE HIKES,  
VOLUNTEER OPPORTUNITIES AND ABOUT THE PALOS VERDES NATURE  
PRESERVE!**

**★ THE RECREATION AND PARKS BOOTH WILL BE HANDING OUT  
NATURE JOURNALS AND HOSTING A KIDS TERRARIUM AND A  
DECORATE YOUR OWN POTTING PLANTING CRAFT!**

**FUN GAMES, GIVEAWAYS  
AND MORE AWAITS!**



Sunday

1

May



# Meet the Goats

11am-1pm

Point Vicente  
Interpretive Center



## Movie in the Park



Saturday, June 18th  
RPV Civic Center  
Movie begins at Dusk  
Approximately 8:15pm



## REACH

- TO PROMOTE SELF CONFIDENCE, COMMUNICATION SKILLS, AND SOCIAL INTERACTION
- TO INCREASE PHYSICAL ABILITIES AND IMPROVE COORDINATION
- TO ENHANCE SOCIAL AND INDEPENDENT LIVING SKILLS

REACH began in 1977 as a pilot therapeutic day camp for youth, ages 7 – 18, with developmental disabilities. We've been operating on the Palos Verdes Peninsula for 44 years now! REACH is currently a recreation program that helps young adults transition towards social independence outside of school, the "work" day program, and family structure through exciting recreational activities.

**UPCOMING ACTIVITIES** As a REACH participant you get to enjoy countless activities! Below is a list of upcoming activities both conducted via Zoom and in person!

### MONDAY GAME NIGHTS VIA ZOOM! 5PM-6PM

Participants can compete in iconic games such as "The Price is Right," "Wheel of Fortune," "Family Feud", "Bingo"! Opportunity to win prizes and much more!

### WEDNESDAY SOCIAL HOUR WITH CRAFTS AND MORE! 5:30PM-7:30PM

Wednesday activities are in-person and takes place at Hesse Community Park! Activities include dinner or light refreshments. Activities include arts and crafts, movie nights, scavenger hunts, dinner at restaurants, bowling, cooking, baking, holiday parties and more!

### SATURDAY ADVENTURES!!!

Saturday field trips are in person where participants meet at Hesse Park and will venture out for fun and exciting adventures that promote fitness and a healthy well-being! Transportation provided! Adventures may include museum outings, long-distance day trips, farmers markets, fairs, nature preserves, and more!



**Sounds fun doesn't it? If you would like to join, or have a friend or family member who is interested, please email [REACH@rpvca.gov](mailto:REACH@rpvca.gov) or visit [rpvca.gov/reach](http://rpvca.gov/reach)**

*In Spring 2022, REACH will embark on many adventures! Trips coming up will include;*

*Earl Burns Miller Japanese Garden, Torrance Farmers Market, Tanaka Farms, El Dorado Nature Center, dining out, bowling nights, rock painting, bocce ball, picnics, karate at the park and much more!*



## PALOS VERDES PENINSULA LAND CONSERVANCY

## VOLUNTEER TRAINING

## Cactus Wren Monitoring Training

Alta Vicente Reserve, 30940 Hawthorne Blvd, Rancho Palos Verdes, CA 90275

March 5, 8:30am - 11:30am Sign up at: [pvplc.org/calendar](http://pvplc.org/calendar)

Become a Community Scientist and help monitor the charismatic and rare cactus wren in our preserves! This is an annual program to track the birds, their nests and success in rearing babies from March to August.

## Nature Walk Leader Training

PVP Land Conservancy Office 916 Silver Spur Road, #104, Rolling Hills Estates, CA 90274

March 19 and 26 9 am - 12 pm

Learn about local habitat, wildlife, history and geology to share with the public for guided monthly nature walks.

## NATURE WALKS

## Forrestal Reserve

May 14, 9 am

Appreciate some of the best wildflower viewing and dramatic geological formations on the cliffs of this former basalt quarry. RPV

## Portuguese Bend Reserve

June 11, 9 am

Hike Fire Station Trail to Eagle's Nest. Enjoy oceans views while walking through recently restored wildlife habitat. Strenuous. RPV

OUTDOOR  
VOLUNTEER DAYS

Socially distant outdoor activities select Saturdays 9 am - 12 pm. Masks required, space limited.

Sign up: [pvplc.volunteerhub.com](http://pvplc.volunteerhub.com)

## ABALONE COVE RESERVE

March 19

April 16, 30

May 14

June 4, 25

Eradicate invasive weeds around recently restored habitat on scenic bluff.

## ALTA VICENTE RESERVE

March 5, 26

May 7

June 11

Help plant native species grown in the Conservancy's nursery in a beautiful coastal location.



## CELEBRATE EARTH DAY

## Wild &amp; Scenic Film Festival

Apr 24<sup>th</sup>, 4 pm Warner Grand TheatreAn exciting selection of adventurous and inspirational films about nature. You'll be moved, transfixed and energized to make a difference in our world. Tickets \$20 at the door; \$15 advanced purchase online at: [pvplc.org/calendar](http://pvplc.org/calendar)

## FAMILY ACTIVITIES

Virtual Family Nature Club  
[pvplc.org/calendar](http://pvplc.org/calendar)

Join us on Zoom for special presentations with activities you can do at home designed to connect your kids with the wonders of nature.

FOR EVENT INFO AND SIGN UP, PLEASE CALL (310) 541-7613 OR VISIT: [WWW.PVPLC.ORG/CALENDAR](http://WWW.PVPLC.ORG/CALENDAR)LOS SERENOS de POINT VICENTE  
2022 PUBLIC NATURE WALKS

## Saturday, May 21, 9:00 AM - Alta Vicente Reserve

Walk the Alta Vicente Trail through coastal sage habitat. See WWII and cold war installations, visit one of the original Japanese farms, and enjoy the wildflowers and spectacular coastal views. Meet at the RPV City Hall parking lot.

## Saturday, June 18, 10:00 AM - Vicente Bluffs Reserve

Join us for a tour of the Point Vicente Interpretive Center museum, the native plant garden and a walk along the spectacular bluff top at the Vicente Bluffs Reserve. Meet at PVIC



Wear sturdy shoes as part of the walk will be on cobblestones. All nature walks take approximately 2 hours. Wear sun protection and bring water. Call 310-544-5375 for more information and/or directions or visit our website at <http://www.losserenos.org>.

# RECREATION ACTIVITIES

REGISTER HERE:

[www.rpvca.gov/parks](http://www.rpvca.gov/parks)

All classes are conducted in accordance with L.A. County's Best Practices to Prevent COVID-19.

Wednesdays  
9:30-10:30am  
Apr 6 - Jun 8

Fireside Room  
Hesse Park  
Instructor:  
Maria Arabe  
Fee: \$132  
Ages: 18+

## ZEN BALANCE YOGA

A combination of traditional, yet scientifically designed and tested Hatha Yoga moves and poses that strengthen and develop muscles and joints. Practice will improve balance, coordination, and mindfulness

## CHAIR YOGA

Tuesdays  
10:30am-11:30am  
Apr 5 - June 7  
Fee: \$96

Fireside Room Hesse Park  
Instructor: Kathleen Borgida  
Ages: 18+



Yoga is an opportunity to join together your body, mind and spirit. In this class you can receive the benefits of yoga from the comfort of a chair. The class will include breathing techniques, stretching, strengthening, balance and relaxation.

## SHIMMY & SHAKE DANCE

HESSE PARK  
FIRESIDE ROOM

Forget the workout.  
Party your way to fitness and health. Dance to the infectious beat of music hits from each decade. Stay in shape from head to toe without really trying.

WEDNESDAYS  
APR 6 - JUN 8  
10:30AM TO 11:30AM  
FEE: \$132.00  
AGES: 18+

## MOVEMENT FOR HEALTH

Fireside Room Hesse Park  
Instructor: Kathleen Borgida  
Ages: 18+

Tuesdays  
9am-10am  
Apr 5 - Jun 7  
Fee: \$96

Movement to promote your health through stretching, strengthening, balance and tension release exercises.



## Tang Soo Do Karate for Adults

Saturdays

Teens/Adults:  
Apr 2 - Jun 11  
2pm-3pm  
Ages 15+

Ryan Park Field  
Fee: \$185

Karate is for fun, health and self-defense. Students will be taught with the philosophy that karate is for "gentle people" who wish to be able to increase their health, well-being, endurance, and defend themselves. As a result, their self-confidence will naturally increase. By the end of the class, adults will be able to perform basic blocks, kicks, punches, rolls, and falls. They will be able to test for the rank of "Orange belt." Learn from instructor Black Belt Adam Palmer who studied with Chuck Norris for many years.

## Tang Soo Do Karate for Kids

Saturdays

Kids/Teens:  
Apr 2 - Jun 11  
11am-Noon  
Ages 4-14

Ryan Park Field  
Fee: \$185



Karate is for fun, health and self-defense. Students will be taught with the philosophy that karate is for "gentle people" who wish to be able to increase their health, well-being, endurance, and defend themselves. As a result, their self-confidence will naturally increase. By the end of the class, adults will be able to perform basic blocks, kicks, punches, rolls, and falls. They will be able to test for the rank of "Orange belt." Learn from instructor Black Belt Adam Palmer who studied with Chuck Norris for many years.

If you are a person with a disability and need an accommodation to participate in programs, services, activities, and meetings, contact the City's ADA Coordinator/Risk Manager at 310-683-3157, or [adarequests@rpvca.gov](mailto:adarequests@rpvca.gov), at least 48 hours in advance to request an auxiliary aid or accommodation

# RECREATION ACTIVITIES

REGISTER HERE:

[www.rpvca.gov/parks](http://www.rpvca.gov/parks)



## Cheer Dance and Motion with Chizuru

Mondays, Apr 4 - Jun 13 Ages: 3-5 \*No class 5/31

Tuesdays, Apr 5 - Jun 7 Ages: 6-10

3:30pm-4:30pm

Ryan Park Picnic Area

Fee: \$180



We will learn basic cheerleading moves and body flexibility outside in the fresh air, while learning a short and fun cheerleading dance to share with family and friends! This class will not only get your child outdoors, but will be an opportunity for them to discover their own unique qualities and make friends. This class is taught in Japanese, but all children are welcome.



## Violin Ensemble for Kids



Apr 2 - May 28  
Saturdays  
11am-12pm  
Hesse Park  
Fee: \$160  
Ages: 7-11

The Suzuki method is taught in this class, which starts teaching by ear all the basic techniques, and then introduces music reading. Students will be able to perform classical and popular repertoire in concerts for families and friends. Violins and handouts are provided free of charge during class.



## 8 SPORT MULTI-SPORT WITH SPORTBALL

Ryan Park Field  
Sportball South Bay  
Fee: \$165

- Saturdays, Apr 2 - May 21 / Ages 2/ 11am-11:45am
- Saturdays, Apr 2 - May 21 / Ages 2-3/ Noon-12:45pm
- Saturdays, Apr 2 - May 21 / Ages 3-5/ Noon-12:45pm
- Sundays, Apr 3 - May 22 / Ages 16mo-2 yrs/ 9am-9:45am
- Sundays, Apr 3 - May 22 / Ages 2-3/ 10am-10:45am
- Sundays, Apr 3 - May 22 / Ages 3-5/ 11am-11:45am
- Sundays, Apr 3 - May 22 / Ages 5-7/ Noon-12:45pm
- Wednesdays, Apr 6 - May 25/ Ages 2-3/ 3pm-3:45pm
- Wednesdays, Apr 6 - May 25/ Ages 3-5/ 4pm-4:45pm
- Wednesdays, Apr 6 - May 25/ Ages 5-7/ 5pm-5:45pm

All classes are conducted in accordance with L.A. County's Best Practices to Prevent COVID-19.



## Workout with electriKIDS

**electriKIDS**  
HIGH VOLTAGE FITNESS

Apr 7 - Apr 28

Thursdays

3:30pm-4:30pm

Ryan Park Patio

Fee: \$55

Ages: 5-10



Zoom through relay races, obstacle courses, fun fitness drills, and more. Work as a team to earn points and win prizes. Students will also learn to find their heart rate and identify the major muscle groups. Fitness has never been so fun!

## HIP HOP Dance Class For Kids!

**electriKIDS**  
HIGH VOLTAGE FITNESS

May 5 - Jun 6

Thursdays

3:30pm-4:30pm

Ryan Park Patio

Fee: \$75

Ages: 5-10



Come move n' groove with coach Kristen! In addition to learning basic dance choreography, students will learn fun hip hop dances like "The Cha Cha Slide" and the latest TikTok dance craze. We'll end the session with a performance for all of your fans!

Sportball Multi-Sport is a dynamic sports program that focuses on skill development in a different sport each class (soccer, basketball, football, volleyball, tennis, hockey, golf, and baseball). Classes apply developmentally appropriate methodology to introduce, practice, and refine motor skills, progress sports skills, reinforce the benefits of teamwork and prepare your athlete for a future of confident sports participation. Parent participation required for children under age 3.



## T-BALL WITH SPORTBALL!

Saturdays, Apr 2- May 21 / Ages 2-4/ 9am-9:45am

Saturdays, Apr 2- May 21 / Ages 3-5/ 10am-10:45am

Ryan Park Field, Fee: \$165

Instructor: Sportball South Bay

This class introduces fundamental concepts of gameplay and teaches the basic skills needed for your athlete to progress into league play and further their T-Ball skills. Coaches focus on skills like throwing, catching, batting form, base running, fielding and terminology in fun, exciting, skill-focused play.

# RECREATION ACTIVITIES

REGISTER HERE:

[www.rpvca.gov/parks](http://www.rpvca.gov/parks)

Apr 19 - Jun 7

Tues. 3:30pm-4:30pm

Ryan Park

Fee: \$210

Ages: 6-12

8 Week Session

KIDS COOKING AROUND THE WORLD



## With Miss Kitchen

Have fun in this class working in a step-by-step manner and using a hands-on approach beginning with cleanliness, prep work, assimilation of meals and critique of food. Each week we will journey to a different country, look it up on a globe, review it's history, and prepare food you would find in that country. Students will learn to chop, cut, grate, bake, mix and whip by the end of the class.

## SPANISH FOR KIDS!

Fee: \$200

10 Week Session

Wed, Apr 6 - Wed, Jun 15

Ages 4-5 (3:30pm-4:30pm)

Grades 1-3 (4:30pm-5:30pm)

Grades 4-5 (5:30pm-6:30pm)

Ryan Park

Instructor: Alicia Humenuk



Spanish for Kids is an interactive Spanish language class carefully designed to teach kids how to speak, read, and write in Spanish and how to perform songs and dances from different cultures. Teaching methods include stories, songs, puppets, and art and craft projects. By the end of the course, students will be able to speak, read, write, and sing Spanish!

## Early Childhood Music Class

Hesse Park

Fee \$140

Thursdays

Apr 7 - Jun 9

10 week Sessions

10am-11am Ages: 14months-2.5 years

11am-12pm Ages: 2.5-4 years

12pm-1pm Ages: 6 weeks-14 months



Instructor: Annette Gunderson

Each week you and your child will learn new songs including holiday, traditional, and multicultural. Percussion instruments will be used each week. Rhythm will be taught with drums, castanets, tone blocks, maracas, and bells. Movement, dancing and literature are also taught in fun and imaginative ways so that you can interact musically with your child throughout the day.

## KIDS COOKING WITH CREATIVE PLATE

Hesse Park

Fee: \$150

Thursdays 4-5pm

May 5 - Jun 9

Ages 5-12

6 week Session



Come and have fun while cooking with natural ingredients. Kids will learn to mix, measure, and blend. They will learn knife skills using the kid friendly "Curious Chef" knife. They will cook 1-2 yummy recipes each class and have the opportunity to try new ingredients. Please supply take-away food containers so that they can take their tasty food home to share. If any children have food allergies, please let the instructor know before the first class starts.

## EVERYONE PLAYS PIANO

Location: Hesse Park - Activity Room

Fee: \$160

8 Week Session

Wed, Apr 6 - Wed, May 25

Age 3 10am-11am

Age 4 11am-12pm

Students ages 3 or 4 will meet in two different group settings to enjoy their first experience with the piano. They will learn the piano basics necessary to begin playing their very first pieces.

## Japanese Immersion Spring 2022 Class with Niko Niko Music

Location: Activity Room RP at Ryan Park

\$500 per monthly session

Apr - Jun

Ages: 2 - 5 years



Japanese immersion Pre-K program taught through arts and crafts, story time, songs, letter and number recognition, and outside play time. Three days a week on Mondays, Wednesdays and Fridays.





KEEP RPV CLEAN!

8am-12pm Sat, Apr 16th (Egghunt)

email to signup: [volunteer@rpvca.gov](mailto:volunteer@rpvca.gov)

10am-5pm Sat, April 9th: (Whale of A Day)

email to signup: [volunteer@rpvca.gov](mailto:volunteer@rpvca.gov)

10am-Noon Sat, June 18th (Project tbd)

email to signup: [volunteer@rpvca.gov](mailto:volunteer@rpvca.gov)

Help beautify our parks, preserves, and beaches, while staying fit, making new friends and getting some much needed fresh air! We also need help at our Annual City Events as well!

Duties may include trash pickup, pulling weeds, painting, wiping surfaces, gardening, setting up tables, chairs, decorating, etc.

Volunteers will receive water, snacks, giveaways, and are eligible to receive credit for hours worked!

Sundays  
Mar 20,  
Apr 10, May 22,  
Jun 12  
10am-12pm

Point Vicente Interpretive Center  
Native Plant Garden  
31501 PV Drive West

RSVP to Megan Wolff at  
[megan@sccnps.org](mailto:megan@sccnps.org)



## Palos Verdes Nature Preserve: [www.rpvca.gov/trails](http://www.rpvca.gov/trails)

The Palos Verdes Nature Preserve is approximately 1,400 acres with 11 individual Reserves. The Portuguese Bend Reserve is the largest at 424 acres. The City of Rancho Palos Verdes owns the Nature Preserve and co-manages it with the Palos Verdes Peninsula Land Conservancy for ecological value and habitat restoration.

This Nature Preserve is home to coastal sage scrub habitat: a community of intensely fragrant and highly drought resistant shrubs and flowering plants. Many different animals live throughout this rare habitat, including the threatened California gnatcatcher and coastal cactus wren. The individual reserves provide passive recreational opportunities, including hiking trails, equestrian trails and bicycle trails.

For more information about the Palos Verdes Nature Preserve, you may visit [rpvca.gov/trails](http://rpvca.gov/trails), or email us at [trails@rpvca.gov](mailto:trails@rpvca.gov) or call us at 310-544-5353.



City of RPV Park &  
Preserve Information:  
[www.rpvca.gov/parks](http://www.rpvca.gov/parks)

Abalone Cove Shoreline Park, 5970 PV Drive South, RPV.....310.544.5366

Eastview Park, 1700 Westmont Drive, RPV.....310.544.5269

Fred Hesse Jr. Community Park, 29301 Hawthorne Blvd, RPV.....310.544.5350

Ladera Linda Community Park, 32201 Forrestal Drive, RPV.....310.544.5370

Point Vicente Interpretive Center, 31501 PV Drive West, RPV.....310.544.5375

Robert E. Ryan Community Park, 30359 Hawthorne Blvd., RPV....310.544.5362

Palos Verdes Nature Preserve.....310.544.5353