CONCERTS IN THE PARK

Great Music and family fun!

JULY 30TH: Mighty Cash Cats (Johnny Cash Tribute Band)

August 27TH: Country Vision (Classic and Modern Country Hits)

Food trucks, Beer and Wine Booth, Giveaways, Crafts, Inflatables for Kids, and Live Music!

Bring beach chairs, a blanket and enjoy an afternoon of live music at this family event! Free!
**REACH**

In Summer 2022, REACH will embark on many adventures! Trips coming up will include Torrance Farmers Market, beach bonfire and BBQ, San Diego day trip, Sawdust Art Festival in Laguna Beach, bowling, rock painting, craft nights, bocce ball, picnics, karate at the park and much more!

email REACH@rpvca.gov or visit rpvca.gov/reach for more info

**REACH** is a recreation program that helps young adults transition towards social independence outside of school, the “work” day program, and family structure through exciting recreational activities.

**MONDAY GAME NIGHTS VIA ZOOM! 5PM-6PM**

**WEDNESDAY SOCIAL HOUR WITH CRAFTS, DINING OUT, BOWLING ETC**

**SATURDAY DAY TRIPS**

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Saturday, August 20, 10:00 AM - Ocean Trails Reserve (Lakeview & Catalina Trails)

Walk the public trail system and enjoy the vistas and summer blooming habitat. This is an easy hike. (Park and meet in the lot located at the end of La Rotonda Drive).

Wear sturdy shoes, as part of the walk will be on cobblestones. All nature walks take approximately 2 hours. Wear sun protection and bring water. Call 310-544-5375 for more information and/or directions or visit our website at http://www.losserenos.org.
Knit and Crochet for All

Hesse Park
Saturday
Jun 18-Aug 13
1pm-3pm
Ages 12+ up
Fee $80

Knit and crochet with Ms. K! Come join us for knitting, crocheting and socializing. All levels of experience are welcome! Beginners are welcome and will learn the basics of knitting and/or crocheting. More experienced students can bring their latest project for expert assistance with Ms. K. A materials list will be provided once you register for the class.

Karate is for fun, health and self-defense. Kids will be taught with the philosophy that karate is for "gentle people" who wish to be able to increase their health, well-being, endurance, and defend themselves. As a result, their self-confidence will naturally increase. By the end of the class, kids will be able to perform basic blocks, kicks, punches, rolls, and falls. They will be able to test for the rank of "orange belt".

Families train together to learn philosophy that karate is helpful for "gentle people" who wish to be able to increase their health, well-being, endurance, and defend themselves. As a result, self-confidence will naturally increase. By the end of the class, students will be able to perform basic blocks, kicks, punches, rolls, and falls. This class is designed for families. Children should enroll with a parent or guardian.

8 SPORT MULTI-SPORT SUMMER CAMPS!
Monday-Fridays Ages 3-5 and Ages 6-12

Time: 9am-Noon and 1pm-4pm
Visit our website at rpvca.gov/parks for specific dates and times.

- Jun 20-Jun 24
- Jun 27-July 1
- July 11-July 15
- July 18-July 22
- July 25-July 29
- Aug 1-Aug 5
- Aug 8-Aug 12
- Aug 15-Aug 19

Our Ultimate Skills Clinics are a great fit for children (6+) who just can't get enough sports action. Clinics consist of three-hour sessions and feature advanced skills training and scrimmages. To keep things interesting and challenging, both the sport and drill combinations are switched up periodically.

Each camp day our children participate in a fun STEAM downtime activity. The sports we work on throughout the camp are: soccer, football, basketball, volleyball, rugby, hockey, golf, tennis, and baseball.
Dance Classes for Kids!

8 Sport Multi-Sport Classes!

- Sundays, Jun 19 - Aug 14 / Ages 16mo-2 yrs/ 9am-9:45am
- Sundays, Jun 19 - Aug 14 / Ages 2-3/ 10am-10:45am
- Sundays, Jun 19 - Aug 14 / Ages 3-5/ 11am-11:45am
- Sundays, Jun 19 - Aug 14 / Ages 5-7/ Noon-12:45pm

Sportball Multi-Sport is a dynamic sports program that focuses on skill development in a different sport each class (soccer, basketball, football, volleyball, tennis, hockey, golf, and baseball). Classes apply developmentally appropriate methodology to introduce, practice, and refine motor skills, progress sports skills, reinforce the benefits of teamwork and prepare your athlete for a future of confident sports participation. Parent participation required for children under age 3.

Junior Panther Basketball Camp

- July 18 - July 22
- Monday-Friday
- 9am-12pm
- Peninsula High
- Fee: $150
- Ages: 12-15

Improve basketball skills and learn the mental approach to the game led by high school and collegiate instruction. The three-hour-a-day, week-long summer camp is for intermediate players in 6th, 7th, 8th and 9th grades. Sessions focus on passing, proper shooting form, ball-handling, footwork, screening, defensive positioning, and importance of teamwork. Instructors will share individual drills players can do on their own. Campers receive take home materials, camp t-shirt, Certificate, and Camp photo.

Dance with electriKIDS

- June 21 to Aug 9
- Each Tuesday
- 4pm-5pm

Dance to songs from Disney favorites like Aladdin, Beauty and the Beast, Frozen, The Lion King, Encanto and more! Students will learn basic choreography, creative movements, and stage direction. Of course, singing along to the Disney classics will be encouraged!

Cheer Dance and Motion with Chizuru

- Tuesdays, June 21 - July 26
- Ages: 6-10 & Ages 3-5
- 3:30pm-4:30pm
- Fee: $105

We will learn basic cheerleading moves and body flexibility outside in the fresh air, while learning a short and fun cheerleading dance to share with family and friends! This class will not only get your child outdoors, but will be an opportunity for them to discover their own unique qualities and make friends. This class is taught in Japanese, but all children are welcome.

Hip Hop Class for Kids!

- Jun 14-Jul 19
- Tuesdays
- 3:30pm-4:30pm
- Fee: $75
- Ages: 5-9

Come move n' groove with coach Kristen! In addition to learning basic dance choreography, students will learn fun hip hop dances like "The Cha Cha Slide" and the latest TikTok dance craze. We'll end the session with a performance for all of your fans!
Group piano classes are offered with a foundation for music theory and the basic concept of reading music to build that foundation. Classes are taught in a group setting with up to 8 students. Each student is provided with their own keyboard to use for class provided by Kids Music 'N Motion. We will use musical concepts that go along with the piano instruction manuals that are age appropriate for the group being taught. This program is designed to be a progressive program and there are 4 levels to each series of books.

Piano prep class has been developed for our little friends who are not quite ready to go into piano. We focus on small finger dexterity and theory in this fun and active class so that they can go into our group piano class after taking this class.

Help children to decide what instrument they would like to play in band. This innovative and hands on class will introduce students to all the instruments that are in an orchestra. Students will receive hands on experience as they explore all instruments from the woodwind, percussion and brass instrument families. Music theory as well as the history of each instrument and music will be introduced in each class. All instruments and materials will be supplied by Kids Music N’ Motion for this class.

For more information about our Summer classes and camps please visit: www.rpvca.gov/parks

Class Registration Site, please visit: https://apm.activecommunities.com/rpv

If you are a person with a disability and need an accommodation to participate in programs, services, activities and meetings, contact the City’s ADA Coordinator/Risk Manager at 310-683-3157, adarequests@rpvca.gov, 30940 Hawthorne Blvd., Rancho Palos Verdes, CA 90275, at least 48 hours in advance to request an auxiliary aid or accommodation.
KIDS COOKING AROUND THE WORLD  
Positive Reinforcement Dog Training

Have fun in this class working in a step-by-step manner and using a hands-on approach beginning with cleanliness, prep work, assimilation of meals and critique of food. Each week we will journey to a different country, look it up on a globe, review it's history, and prepare food you would find in that country. Students will learn to chop, cut, grate, bake, mix and whip by the end of the class. New recipes every week!

Sat, Jun 18-Sat, Jul 30 (No Class on July 2nd)  
10am-11am  
or Sun, July 24 -Sun, Aug 28  
10am-11am  
Rancho Caninos Dog Park (30940 Hawthorne Blvd)

Learn how to use positive reinforcement and tiny treats to teach your dog to sit, down, stay, drop it, leave it, come, and loose-leash walk. Dogs must be current on vaccinations, 4+ months old, and dog- and people-friendly. No reactive or aggressive dogs. No choke chains, prong collars, or harsh corrections are used in this class.

Mon, Jul 11- Fri, Jul 15  
Mon, Jul 25-Fri, July 29  
Mon, Aug 8 - Fri, Aug 12  
3:30pm-4:30pm  
Ryan Park  
Fee: $225 for 5 day session  
Ages: 5-12

With Miss Kitchen

DANCE, MUSIC, YOGA, DOG TRAINING...

JAPANESE IMMERSION SUMMER CAMP with Niko Niko Music

Location: Activity Room RP at Ryan Park  
$240 per 2 week session M, W, F  
Jun-August (Visit www.rpvca.gov/parks for detailed dates and times.)  
Ages: 2 - 7 years

In this class, your child will learn Japanese language and culture. The class activities include: art and craft, story time, songs, letter and number recognition, and outside play time. This is a drop-off class. We provide a snack. Please provide a healthy lunch for your child. *Only Japanese is used in this class.

Mon, Jul 11- Fri, Jul 15  
Mon, Jul 25-Fri, July 29  
Mon, Aug 8 - Fri, Aug 12  
3:30pm-4:30pm  
Ryan Park  
Fee: $225 for 5 day session  
Ages: 5-12

Japanese Immersion Summer Camp

SPEAK, READ, WRITE, AND SING SPANISH!

Spanish for Kids is an interactive Spanish language class carefully designed to teach kids how to speak, read, and write in Spanish and how to perform songs and dances from different cultures. Teaching methods include stories, songs, puppets, and arts and crafts projects. By the end of the course, students will be able to speak, read, write, and sing Spanish!

Fee: $180  
9 Week Session  
Wednesdays  
Jun 29 - Aug 24  
Ages 4-5 (3:30pm-4:30pm)  
Grades 1-3 (4:30pm-5:30pm)  
Grades 4-5 (5:30pm-6:30pm)  
Ryan Park  
Instructor: Alicia Humenuk

Spanish for Kids

ZEN BALANCE YOGA

A combination of traditional, yet scientifically designed and tested Hatha yoga moves and poses that strengthen and develop muscles and joints. Practice will improve balance, coordination, and mindfulness.

Wednesdays  
3:30pm-4:30pm  
Jun 22 - Aug 24  
Hesse Park  
Ages 18+  
Fee: $132  
Instructor: Maria Arabe

SHIMMY & SHAKE DANCE FITNESS

Forget the workout. Party your way to fitness and health. Dance to the infectious beat of music hits from each decade. Stay in shape from head to toe without really trying.

Wednesdays  
4:30-5:30pm  
Jun 22 - Aug 24  
Hesse Park  
Ages 18+  
Fee: $132  
Instructor: Maria Arabe

CHAIN YOGA

Yoga is an opportunity to join together your body, mind and spirit. In this class you can receive the benefits of yoga from the comfort of a chair. The class will include breathing techniques, stretching, strengthening, balance and relaxation.

Tuesdays  
10:30am-11:30am  
Jun 21- Aug 16  
Fee: $96  
Hesse Park  
Ages 18+  
Instructor: Kathleen Borgida