

The City of Rancho Palos Verdes  
Recreation and Parks Department



4TH  
OF JULY



Celebration

THURSDAY, JULY 4TH

3PM-9PM

KEN DYDA

CIVIC CENTER

RPVCA.GOV/PARKS

LIVE MUSIC, FOOD  
TRUCKS, BEER AND WINE  
BOOTH, CARNIVAL RIDES,  
PONY RIDES, ACTIVITIES  
AND GAMES FOR THE  
FAMILY!

DRONE  
LIGHT  
SHOW

Hello  
SUMMER

Recreation Activity Guide 2024

To learn more visit:

[www.rpvca.gov/parks](http://www.rpvca.gov/parks)

[www.rpvca.gov/trails](http://www.rpvca.gov/trails)



# SUMMER

FOOD TRUCKS, BEER AND WINE BOOTH, GIVEAWAYS, CRAFTS, INFLATABLES FOR KIDS, AND MUSIC!

BRING BEACH CHAIRS, A BLANKET AND ENJOY AN AFTERNOON OF LIVE MUSIC AT THIS FAMILY EVENT! FREE!



## CONCERT IN THE PARK

JULY 27  
4PM-6PM

Ken Dyda Civic Center  
30940 Hawthorne Blvd



## SUMMER REACH EVENTS

- PADDLE TENNIS CLINIC
- CHRISTMAS IN JULY
- BOCCIE BALL
- CABRILLO BEACH DAY
- SHAKESPEARE BY THE SEA
- GENTLE KARATE
- MOVIE MATINEE
- REDONDO PIER SCAVENGER HUNT
- BASKETBALL CLINIC AT THE PARK
- BOARD GAME BONANZA
- KARAOKE IN THE PARK
- SUMMER BBQ
- TOP GOLF
- HOLLYWOOD WAX MUSEUM

REACH is a therapeutic recreation program that helps young adults with developmental disabilities transition toward social independence through exciting recreational activities.

MEET NEW FRIENDS AND DISCOVER NEW ADVENTURES

HOW TO REACH US:  
REACH@RPVCA.GOV



# SUMMER

FOOD TRUCKS, BEER AND WINE BOOTH, GIVEAWAYS, CRAFTS, INFLATABLES FOR KIDS, AND MUSIC!

BRING BEACH CHAIRS, A BLANKET AND ENJOY AN AFTERNOON OF LIVE MUSIC AT THIS FAMILY EVENT! FREE!

blues Funk R&B

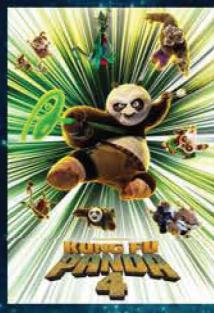


## CONCERT IN THE PARK

AUGUST 24  
4PM-6PM

Ken Dyda Civic Center  
30940 Hawthorne Blvd

## MOVIES IN THE PARK



June 15 @

Ken Dyda Civic Center

July 13 @

Ken Dyda Civic Center

August 10 @

Ken Dyda Civic Center

ALL MOVIES WILL BEGIN AT DUSK

Approx. 15min after sunset  
30940 Hawthorne Blvd. Rancho Palos Verdes  
[www.rpvca.gov/parks](http://www.rpvca.gov/parks)

Join us for a fun evening. Bring a blanket or low-slung beach chair. Food truck and goodies for the family!

Pre-movie activities start at 7pm.

QUESTIONS? [PARKS@RPVCA.GOV](mailto:PARKS@RPVCA.GOV)



## LOS SERENOS de POINT VICENTE 2024 PUBLIC NATURE WALKS

### Saturday, July 20, 9:00 am ~ George F Canyon Reserve

Wander along a willow-filled canyon stream with native coastal sage scrub habitat. Look down on one of the only areas on the mainland where one can view Catalina schist, the bedrock that underlies most of the Los Angeles area.

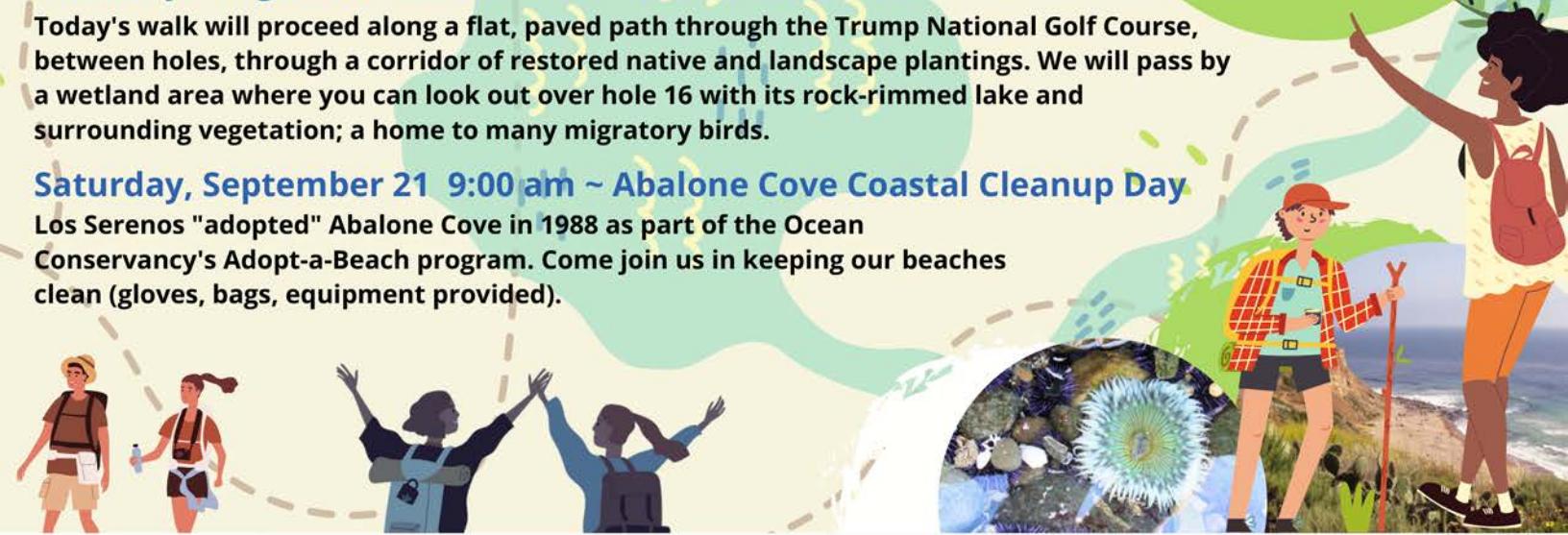
### Saturday, August 17 9:00 am ~ Ocean Trails Reserve

Today's walk will proceed along a flat, paved path through the Trump National Golf Course, between holes, through a corridor of restored native and landscape plantings. We will pass by a wetland area where you can look out over hole 16 with its rock-rimmed lake and surrounding vegetation; a home to many migratory birds.

### Saturday, September 21 9:00 am ~ Abalone Cove Coastal Cleanup Day

Los Serenos "adopted" Abalone Cove in 1988 as part of the Ocean Conservancy's Adopt-a-Beach program. Come join us in keeping our beaches clean (gloves, bags, equipment provided).

All nature walks take approximately 2 hours. Wear sun protection, sturdy shoes, and bring water. Call 310-544-5375 for more information and directions or visit our website at [www.losserenosrpv.org](http://www.losserenosrpv.org)



PALOS VERDES PENINSULA  
LAND CONSERVANCY



# Palos Verdes Peninsula Land Conservancy

Protecting and restoring the Peninsula's historic coastline, wildlife and natural beauty.

## NATURE WALKS

Sign up for nature walks at: [pvplc.org/calendar](http://pvplc.org/calendar)



### Abalone Cove Reserve

July 13, 9 am

Enjoy a stroll with knowledgeable guides through fragrant restored coastal sage scrub habitat. Easy to moderate. RPV



### Vicente Bluffs Reserve

August 10, 9 am

Follow the bluff top from Point Vicente to Oceanfront Estates. Explore El Segundo blue butterfly habitat, which features beautifully restored coastal sage scrub habitat. Easy. RPV



### Pelican Cove

September 14, 9 am

Admire the picturesque ocean views and restored buckwheat-covered seaside bluff tops that support the recovery of the rare El Segundo blue butterfly. Moderate. RPV



## SAVE THE DATE

### Palos Verdes Pastoral

Sunday, October 27, 2024

A garden-to-table dining event at Terranea Resort featuring the best of sustainably prepared local foods and wines. Sponsorship available now at [pvplc.org](http://pvplc.org) -Individual tickets \$300 go on sale after Sponsorships when seating available (starting September 1, 2024). Visit [pvplc.org/calendar-fundraising-events](http://pvplc.org/calendar-fundraising-events)



## VOLUNTEER

[pvplc.volunteerhub.com](http://pvplc.volunteerhub.com)

## OUTDOOR VOLUNTEER

Saturdays, 9 am - 12 pm. Space limited. Wear sunscreen and closed toed shoes. Bring water and a snack. Earn community service hours!

## RAPID RESPONSE

Fridays and Saturdays, 9 am to 12 noon - Protect important wildlife habitat with trail maintenance, fence building, installing signage and more! No experience needed. 15 years and up

## OUTREACH GREETER

Greet the public at nature walks and community events. Training provided. Flexible schedule. 18 years and up Contact: [lrutunno@pvplc.org](mailto:lrutunno@pvplc.org) to learn more.

## TRAIL CREW TRAINING

August 10, 9 am

Learn about trail building and maintenance from a nationally-recognized trail expert. Following this course, join us 2nd Saturdays for in the field training and experience.

# RECREATION ACTIVITIES

## REGISTER AT:

[www.rpvca.gov/parks](http://www.rpvca.gov/parks)

## Music Classes for all Ages

Group piano classes are offered with a foundation for music theory and the basic concept of reading music to build that foundation. Classes are taught in a group setting with up to eight students. Each student is provided with their own keyboard to use for class by the instructor. We will use musical concepts that go along with the piano instruction manuals that are age appropriate for the group being taught. This program is designed to be progressive and there are four levels to each series of books.

### Piano for Teens and Adults

**Instructor:** Annette Gunderson

**Location:** Hesse Park-Fireside Room

**Fee:** \$200

**Ages:** 13 and up

**12064 Th 5:45pm to 6:30pm June 20 - August 8**

### Piano Prep

Piano prep class has been developed for our little friends who are not quite ready to go into piano. We focus on small finger dexterity and theory in this fun and active class so that they can go into our group piano class.

**Instructor:** Annette Gunderson

**Location:** Hesse Park-Fireside Room

**Fee:** \$200

**Ages:** 3 - 4

**12065 Th 2:15pm to 3:00pm June 20 - August 8**

### Returning Piano

Returning Piano is designed for students who have completed Beginning Piano. Prerequisite: Completion of Beginning Piano with Kids Music 'N Motion or equivalent level class.

**Instructor:** Annette Gunderson

**Location:** Hesse Park-Fireside Room

**Fee:** \$200

**Ages:** 4 - 12

**12066 Th 4:15pm to 5:00pm June 20 - August 8**



### Beginning Piano

This program is designed to be progressive and there are four levels to each series of books.

**Instructor:** Annette Gunderson

**Location:** Hesse Park-Fireside Room

**Fee:** \$200

**Ages:** 4 - 7

**12051 Th 3:30pm to 4:15pm June 20 - August 8**

**Ages:** 8 - 12

**12052 Th 5:00pm to 5:45pm June 20 - August 8**



### Early Childhood Music Class

Each week you and your child will learn new songs including holiday, traditional, old and multicultural. Percussion instruments will be used each week. Rhythm will be taught with drums, castanets, tone blocks, maracas, and bells. All instruments will be washed and sanitized. Movement, dancing and literature are also taught in fun and imaginative ways so that you can interact musically with your child throughout the day.

**Instructor:** Annette Gunderson

**Location:** Hesse Park-Fireside Room

**Fee:** \$200

**Ages:** Infant (Less than 1y 4 m)

**12057 W Noon to 12:45pm June 20 - August 8**

**12056 Th Noon to 12:45pm June 19 - August 7**



**Ages:** Walking (At least 1y 2m but less than 2 1/2)

**12060 W 10am to 10:45am June 19 - August 7**

**12062 Th 10am to 10:45am June 20 - August 8**



**Ages:** Preschool (Ages 2 1/2 - 4)

**12059 W 11am to 11:45am June 19 - August 7**

**12058 Th 11am to 11:45am June 20 - August 8**



If you are a person with a disability and need an accommodation to participate in programs, services, activities, and meetings, contact the City's ADA Coordinator/Risk Manager at (424) 327-3982, or [adarequests@rpvca.gov](mailto:adarequests@rpvca.gov), at least 48 hours in advance to request an auxiliary aid or accommodation

## Japanese Immersion Summer Camp with Niko Niko Music

In this day camp your child will learn Japanese language and culture. The class activities include arts and crafts, story time, songs, letter and number recognition, and outside playtime. This is a drop-off class. We provided a snack. Please provide a healthy lunch for your child. Only Japanese is used in this class.

### Location: Ryan Park Activity Room

Fee: \$360

Ages: 2 - 6

12086	M W F	10am to 2pm	June 17 - June 28
12087	M W F	10am to 2pm	July 1 - July 12
12088	M W F	10am to 2pm	July 15 - July 26
12089	M W F	10am to 2pm	July 29 - August 9

## Spanish for Kids

Spanish for Kids is an interactive Spanish language class carefully designed to teach kids how to speak, read, and write in Spanish and how to perform songs and dances from different cultures. Teaching methods include stories, songs, puppets, and art and craft projects. By the end of the course, students will be able to speak, read, write, and sing Spanish!

### Location: Ryan Park-Activity Room

Fee: \$250 Instructor: Alicia Humenuk

Ages: 4 - 6

12097	W	3:30pm to 4:30pm	June 12 - August 14
-------	---	------------------	---------------------

## Hip Hop Dance with electriKIDS

Come move n' groove with coach Kristen! In addition to learning basic dance choreography, students will learn fun hip hop dances like "The Cha Cha Slide" and the latest TikTok dance craze. We'll end the session with a performance for all of your fans!

Instructor: Kristen DeLeo

Location: Ryan Park Activity Room Patio

Fee: \$108.00

Ages: 5 - 9

12092	Th	3:30pm to 4:30pm	June 27 - August 8
-------	----	------------------	--------------------

## Beginning Dog Training

Learn how to use force-free, science-based methods to train your dog. By applying positive reinforcement and practicing between sessions, you will teach your dog to sit, down, stay, come, loose leash walk, leave it, and drop it. Dogs must be 4+ months old and current on vaccinations. No reactive or aggressive dogs allowed in class. First class will be WITHOUT dogs so that dog guardians can learn training concepts without distractions.

[www.pvpdogtraining.com](http://www.pvpdogtraining.com)

Instructor: Karen Winter

Location: Ryan Park - Activity Room Patio

Fee: Standard charge: \$250

Ages: Any

12090	Sa	10am to 11am	June 29 - August 3
-------	----	--------------	--------------------

## Karate for All Ages

### Karate with Sensei Adam

Kids, adults, and families will learn karate in a fun and supportive atmosphere. They will learn basic kicks, blocks and punches, basic falls and more, from 2nd Dan Sensei Adam, former student of Chuck Norris. All students will have the opportunity to test for a higher belt.

Instructor: Adam Palmer

Location: Ryan Park - Picnic Area

Fee: \$195

### Karate for Preschoolers

Ages: 2 1/2 - 5

12096	Sa	10:00am to 10:50am	June 22 - August 10
-------	----	--------------------	---------------------

### Karate for Kids

Ages: 4 - 11

12095	Sa	11am to Noon	June 22 - August 10
-------	----	--------------	---------------------

### Karate for Bigger Kids and Adults

Ages: 12 and up

12093	Sa	12:30pm to 1:30pm	June 22 - August 10
-------	----	-------------------	---------------------

### Karate for Individuals and Families

Families and individuals can train together.

Ages: 4 and up

12094	Th	3:30pm to 4:30pm	June 20 - August 8
-------	----	------------------	--------------------

## Intro to Lacrosse with Trident Lacrosse

Introduction to the game of lacrosse for boys and girls in grades 1 - 8 with an emphasis on developing proper fundamentals and building a solid foundation of lacrosse concepts. Players will be grouped by age, and taught skills in a fun and positive environment.



Location: Ryan Park - Grass Field

Fee: \$125

Ages: 5 - 13

12105	Tu	4pm to 5pm	June 18 - August 6
-------	----	------------	--------------------

## T-Ball with Sportball

Incredibly, children as young as 2 years old can start launching their baseball dreams at Sportball and maybe even some home runs too!

Location: Ryan Park - Grass Field

Fee: \$135

Ages: 3 - 4

12036	Sa	10am to 10:45am	June 29 - August 17
-------	----	-----------------	---------------------

## 8 Sport Multi-Sport with Sportball

Classes for children 16 mos - 2 yrs and 2 yrs to 3 years of age are structured around a play-based curriculum. Children are introduced to different sports in each class, including soccer, basketball, football, volleyball, golf, hockey, baseball, and tennis.

**Location: Ryan Park - Grass Field**

**Fee: \$135**

**Ages: 16m - 2**

**12109 Su 9am to 9:45am June 30 - August 18**

**Ages: 3 - 4**

**12108 Su 10am to 10:45am June 30 - August 18**

## Soccer & T-Ball with Sportball

**Location: Ryan Park - Grass Field**

**Fee: \$135**

**Ages: 2**

**12111 Sa 9am to 9:45am June 29 - August 17**

**Ages: 3 - 4**

**12113 Su 9am to 9:45am June 30 - August 18**

## EPIC Sports Camp with Sportball

Sportballers will learn and play 8 different sports throughout the week with our fun skill based games, drills and game play (soccer, basketball, football, volleyball, golf, hockey, tennis and baseball). There will be different activities daily from water games, dodgeball tournaments, battleship, kickball, Lego building, nerf gun challenges, and so much more!

**Location: Ryan Park - Grass Field**

**Fee: \$165**

**Ages: 6 - 12**

**12100 M - F 10am to 10:45am June 24 - June 28**

**Ages 3 - 5**

**12101 M - F 1pm to 4pm July 8 - July 12**

**Ages 6 - 12**

**12102 M - F 9am to 12pm July 8 - July 12**

**Ages 3 - 5**

**12103 M - F 9am to 12pm July 29 - August 2**

**Ages 6 - 11**

**12104 M - F 1pm to 4pm July 29 - August 2**

## Super Hero Sports Camp with Sportball

Wear capes, defeat villains and save the day. Learn to be a Super Hero at our Sportball Summer Camp! Participate in super hero themed sports games, challenges and adventures as we discover our super powers together!

**Location: Ryan Park - Grass Field**

**Fee: \$165**

**Ages: 3 - 5**

**12099 M - F 9am to 12pm June 24 - June 28**

**(310) 377-9584**

**pvl.org**



## PREVIEW OF EVENTS

### Events for Kids

#### Toys

**Thursday, June 27 2pm-4pm Malaga Cove Library**

We're making simple toys with everyday materials! This is a drop-in program, so come anytime between 2 and 3:45. Aimed at TK - 5th grade but children of all ages may attend. No registration required.

#### Life Sized Board Games

**Wednesday, July 3rd 2pm-4pm Miraleste Library**

They're classic board games, but life sized. Bring your friends and have big fun with these big games!

#### Dig Dug and the DINO-Mites: A Puppet Show

**Saturday, July 6 2pm-2:45pm Peninsula Center Library**

Dig Dug and his Dino-Mites accidentally awaken colorful dinosaurs in this exciting puppet show! The dinosaurs will need lots of help from Dig Dug...and the audience!

#### Art Lab

**Saturday, July 27 2pm-4pm Peninsula Center Library**

We'll provide the materials - you provide your imagination! Experiment with art styles and materials to create your own unique piece of art.

### Events for Teens

#### Create Your own Mini Book Cover

**Thursday, June 20 2pm-4pm Peninsula Center Library**

Have you ever judged a book by its cover? Want to create your own? Join us and reimagine your favorite (or least favorite) book covers!

#### Mario Kart Tournament

**Thursday, July 11 1pm-5pm Peninsula Center Library**

Show off your Mario Kart Deluxe skills in a tournament at the Teen Annex!

### Events for Adults

#### Retro Video Game Night

**Movies @ The Library: "Asteroid City"**

**Guide Dogs for the Blind Information Session**

**Tuesdays Gentle Yoga**

**Book Clubs**

**Zumba**

**Arts and Crafts Workshops and more!**

**[View more info about Summer events!](#)**

# Adult Fitness

## REGISTER AT:

[www.rpvca.gov/parks](http://www.rpvca.gov/parks)

### Strengthen, Stretch & Stroll in the Park

We'll warm up with a walk in the park, then lift weights to strengthen and stretch in the Fireside Room. Students are to provide their own handheld weights and exercise mat.

**Location: Hesse Park**

**Instructor: Kathleen Borgida**

**Ages: 18 and up Fee \$84**

**12067 M 9:00am to 10:15am June 17 - July 22**

### Beginner Pilates

Get ready to build strength, mobility and stability in a safe and effective manner! Beginner Pilates is a full body low-impact workout that utilizes resistance bands in order to improve overall strength, core strength, flexibility, posture and mental awareness. Pilates will help you move better, feel better and live better. Ages 55+ are welcome. All you need to bring is a mat. Resistance bands will be provided.

**Location: Hesse Park**

**Instructor: Mary Castro**

**Ages: 18 and up Fee \$140**

**12063 F 10am to 10:45am July 5 - August 16**

### Aging Backwards Essentrics® Stretch Class

Essentrics® is a dynamic, full body low impact workout suitable for all fitness levels that simultaneously combines stretching and strengthening while engaging all 650 muscles. The class will increase flexibility and mobility for a healthy, toned, and pain free body.

**Location: Hesse Park- McTaggart Hall**

**Fee: \$80 Instructor: Mary Castro**

**Ages: 18 and up**

**12063 F 10am to 10:45am June 28 - August 16**

### Tai Chi for Healthy Body and Mind

This class features a short Tai Chi Form that's easy to learn for beginners. Perform exercises to better mind and body health. Help keep away from anxiety and control issues, and develop strong joints and ligaments to improve range of motion. Teaching methods include ancient forms with corresponding music. Students will be shown applicable self-defense of prescribed moves and be checked diligently by the instructor to assure integrity of forms.

**Location: Hesse Park- McTaggart Hall**

**Fee: \$84 Instructor: Maria Arabe**

**Ages: 18 and up**

**12068 W 10:30am to 11:30am June 19 - August 7**

### Chair Yoga

Yoga is an opportunity to join together your body, mind and spirit. In this class you can receive the benefits of yoga from the comfort of a chair. The class will include breathing techniques, stretching, strengthening, balance, and relaxation.

**Location: Hesse Park Fireside Room**

**Instructor: Kathleen Borgida**

**Ages: 18 and up Fee: \$98**

**12054 Tu 9am to 10am June 18 - August 13**

**12055 Tu 10:30am to 11:30am June 18 - August 13**

### Yoga for You

You are invited to experience yoga as a way to connect physically, mentally, and spiritually. We will practice with movement, postures, breathing techniques, mudras, and mantras. All are tools to improve balance, strength, flexibility, posture, and a sense of well-being.

**Location: Hesse Park - McTaggart Hall**

**Instructor: Kathleen Borgida**

**Ages: 18 and up Fee \$98**

**12069 Th 9am to 10:15am June 20 - August 15**

### Beginning Yoga

Yoga addresses the whole person. Learn poses, breathing techniques, and meditation to improve flexibility, strength, balance, and an overall sense of well-being.

**Location: Hesse Park - McTaggart Hall**

**Instructor: Kathleen Borgida**

**Ages: 18 and up Fee \$98**

**12053 Th 10:30am to 11:45am June 20 - August 15**

### Yoga Inside & Out

Yoga with a focus of practicing from the inside and bringing your practice outside into your everyday life. Find inner peace, gratitude and joy through the use of poses, breath work, meditation, and relaxation.

Students provide their own mat & blanket.

**Location: Hesse Park Fireside Room**

**Instructor: Kathleen Borgida**

**Ages: 18 and up Fee \$84**

**12070 M 10:30am to 11:45am June 17 - July 22**

### Zen Balance Yoga

A combination of traditional, yet scientifically-designed and tested hatha yoga moves and poses that strengthen and develop muscles and joints. Practice will improve balance, coordination, and mindfulness.

**Location: Hesse Park Fireside Room**

**Fee: \$96 Instructor: Maria Arabe**

**Ages: 18 and up**

**12071 W 9:30am to 10:30am June 19 - August 7**



# HENRY IV:

FALSTAFF & THE BOY WHO WOULD BE KING

A NEW ADAPTATION OF BOTH PARTS OF  
SHAKESPEARE'S HENRY IV

ADAPTED & DIRECTED BY  
STEPHANIE COLTRIN

[SHAKESPEAREBYTHESEA.ORG](http://SHAKESPEAREBYTHESEA.ORG)

SUNDAY, JULY 7TH AT 7PM

HESSE PARK

29301 HAWTHORNE BLVD

Before St. Crispin's day and the man who would be Henry V, was young Prince Hal, the reluctant heir to the throne, who spends more time drinking and playing tricks on Falstaff than he does navigating the intrigues of court. But with England itself at stake, Hal embraces his destiny, becoming the king who will lead his country to victory at Agincourt.

Bring your picnics, blankets and beach chairs along with your friends and family to settle in under the stars for a night of classic entertainment.



## Peninsula Seniors



save the date for an Olde-Fashioned

### *Ice Cream Social*

You're invited to Peninsula Seniors'

**Third Annual Olde-Fashioned Ice Cream Social**  
**Sunday, July 21 from 2-4pm**

Scriba Family Center, 602 Deep Valley Dr. #310, RHE

Socialize with friends and neighbors  
and visit our beautiful Scriba Family Center.  
For details and to RSVP, call (310) 377-3003.



**Our Bohannon Lecture Series is open to the community!**

Join us for stimulating presentations on a variety of topics.

Wednesdays, 10:15 coffee social, 10:30-11:30 lecture.

Visit [pvseniors.org](http://pvseniors.org) or call (310) 377-3003 for details.



**Volunteers  
needed**

Enrich your life, become a volunteer docent with Los Serenos de Point Vicente. Docent training starts Wednesday, September 11th from 12:30pm to 3:30pm at the Point Vicente Interpretive Center. Classes are every Wednesday through January.

There will be an Open House for the class on Wednesday, September 4th at 7pm.

For 40 years, this non-profit organization (Los Serenos de Point Vicente) has been assisting the City of Rancho Palos Verdes, educating children and the community. Docents learn, then interpret natural and cultural history via nature walks, Interpretive Center museum tours, and outreach programs. Additionally, they enjoy fun docent gatherings, educational presentations and interesting field trips. The Point Vicente Interpretive Center is located at 31501 Palos Verdes Drive West, Rancho Palos Verdes, Ca 90275.

For more information call Ann Zellers at 310-544-5265 or go to [www.losserenosrpv.org](http://www.losserenosrpv.org) or [www.facebook.com/LosSerenos](http://facebook.com/LosSerenos)

